



Summary of CPD activities

Name: [REDACTED]	Job Title:	Date of Publish: 16-03-2026
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Date activity completed	Description	Type of Activity	Competency Framework	Competency	Benefits to self or own practice	Benefits or impact to service	Supporting Evidence	Time (in hours)
9 January 2025	Wrote a new protocol for double checking radiopharmaceuticals.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech D2 - Participates in continuous process improvement	This benefits me as I will now be able to perform this task on my own and be able to do this for other procedures in the department.	The service benefitted from a new streamlined double checking procedure and made it clearer for staff		3.0
13 January 2025	Learned how to produce a electronic white board for the department	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills	I learned how to use Microsoft 365 more effectively with a colleague. I learned how to produce a white board, where staff can post notes about the goings on in the department like transport arrangements for patients and deliveries. If a camera is running late. This is benefits me as the whiteboard will help improve communication with staff meaning a better communication and running with my department for staff.	The new Whiteboard is great way of keeping in contact with the reception staff and keeping them aware if a camera is running late or a patient has to be booked for transport. This improves communication for staff and helps with a smooth running of the department. It means all staff are aware and doesn't rely on a telephone call.		2.0
16 January 2025	Residuals are now to be collected in most rooms as we now have Capintec's in most bar the camera rooms. A new SOP has to be put in place for when we do it and when we don't. I helped write the new SOP.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech D2 - Participates in continuous process improvement	Helping composing a new SOP for when to take residuals gives me the confidence to do this on my own. It helped me work with members of staff and improved communication with team members I don't often work with. I had to think about our practices to know when it wasn't suitable and this will maintain quality and safe working practices.	Service will benefit as it will get the staff more practiced at taking residuals before we start using SUVs for some scans and have continuous process improvement and it maintains safe working practices.		1.0

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16 January 2025	Training on the new [REDACTED] analysis programme.	Work based learning			As the whole of [REDACTED] departments have now to use the [REDACTED] Analysis for processing renograms we received training from our lead physicist today on how to use it. This benefits myself as I am now proficient in using the new programme which we will now be using, the training also highlighted pitfalls and helped me solidify my knowledge on analysis.	This benefits the department and wider [REDACTED] Nuclear Medicine departments as we now analysis renogram the same way all over the city making it easier for the radiologists to report and understand the results		1.0
17 January 2025	Training on the new nurse call system	Work based learning			I now know how to use the new staff call system in the dayroom	It benefits the department as I know when a patient needs assistance from myself or someone in my team.		0.5
23 January 2025	Presentation on peer support and how we can help each other	Formal /education			I now, know that we have a staff member that we can go to if I have a worries or problems. She will be a listening ear and confidant.	The service will benefit from this learning as staff feel listened to and I will be happier at work knowing that I have a member of my team that will listen to my worries		0.5
24 January 2025	Read article in Nuclear medicine Communications 'Efficacy of additional lateral pinhole and SPECT/CT imaging in dual-phase Tc99m MIBI parathyroid scintigraphy for localising parathyroid pathologies in patients with primary hyperparathyroidism: a single-institution experience'	Self-Directed learning			I think I benefitted from reading this article as I didn't think to take a lateral view with a pinhole camera. As we do SPECT it never occurred to me that a lateral may show a adenoma that isn't visible on the planer frontal view.	I will now think to move the pinhole to lateral when doing thyroids, this will benefit the service as I may now be able to keep the patients dose lower if we do not proceed to SPECT/CT for thyroids. We are unlikely to stop doing a SPECT/CT for parathyroids as they help to plan the surgery.		0.5
11 February 2025	Read BNMS EANM guidelines for Parathyroid studies	Work based learning			I am now aware of how other centres could perform parathyroid and what best practice is	I can now advise the optimisation group of best practice for prep of parathyroid studies.		1.0
18 February 2025	Read an article in Radiography 30 'Lived experiences of healthcare. Putting the person in person centred care in the	Self-Directed learning			I learned about students perspective of the impact of lived experiences of patients and how to enhance these experiences	A look at person centred care and how we can change this for the patient. It highlighted that we should engage earlier and listen more with an emphasis on planning for the patient. I looked to take this back to the department and		0.5

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	medical radiation Sciences' pages 856-861					focus on the needs of our patient at the beginning on the day. Telling the staff how to do this over a meeting.		
27 February 2025	Presentation on Parathyroids to trainee technologists, nurses and clerical staff	Formal /education			Enhances my presentation skills as I feel that I get extremely nervous when presenting and the more I do it the less frightened I become.	When educating the technologist trainees it benefits the service as the technologists knowledge would be as expected and at times more than they need. they will be able to explain the scans to other colleagues and be able to do DOPs for IPEM		4.0
8 March 2025	Resus officer explained why we need big fish cutters on resus trolley	Work based learning			As there are many patients that die on hospital grounds after they take their on lives we now have biig fish cutters on resus trolley. I now know how to use them and would be able to cut down a patient if I found them hanging.	clearer understanding on what to do if we fine a patient hanging and hopfully save their life.		0.3
13 March 2025	Attended a presentation on Realistic medicine	Formal /education			I benefitted from this presentation as I was fairly unsure of what realistic medicine was about. I didnt understand that it was to do with shared decision making, personalised approach to care, reduce harm and waste, manage risk better, and become improvers and innovators. I now have greater understanding and fell empowered to achieve the main goal.	It benefits the service as I now can promote the ethos of realistic medicine to patients and staff and how it puts the patients voice at the centre of their care. We may get a patient in the department that doesn't think that they are getting listened to and I can point them in the correct direction for help and understanding.		0.5
17 March 2025	Contingency training for IRR 17. Going over foreseeable incidents and what we should do. 3 times in the year.	Work based learning	Science Council - RSciTech	RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech E1 - Maintains and	Contingency training for IRR17 goes over foreseeable incidents and helps me maintain my knowledge of what to do if these incidents were to occur. It will help me recognise a problem such as a overexposure and remind me of the stapes involved in the aftermath.	This benefits the department as my knowledge of IRR17 foreseeable incidents has been refreshed and I am now confident that I will do all the steps required of me if they were to happen and I can promote these to other staff. Maintaining the a safe working environment for patients and staff.		1.5

Date activity completed	Description	Type of Activity	Competency Framework	Competency	Benefits to self or own practice	Benefits or impact to service	Supporting Evidence	Time (in hours)
				enhances competence within a structured environment				
27 March 2025	Feedback from physicist about the IRMER audit presented at the staff meeting.	Work based learning	Science Council - RSciTech	RSciTech A2 - Interprets and evaluates data, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment	Main thing of feedback was a lower compliance for the gastric emptying studies last year, however, this is due to the variation in activity with the Tc99m drink and DOWEX and a change to the DRL for ARSAC. Going forward, the tolerance for this will be $\pm 20\%$ during the IRMER audit. This learning will ensure that I have the knowledge to check and correct for the new tolerance levels improving the quality of my work.	Staff administering the DOWEX can now not worry if the doses comes and it is much greater than expected. Meaning the patient will be done quicker and we will not need to call the duty physicist as much - this can sometimes cause distress to the patient as they think something is wrong. This helps me maintain my safe practice and apply the knowledge I have gained.		0.5
28 March 2025	██████ new processing for DMSA	Work based learning			I was shown how use the new ██████ processing for a DMSA by the lead in the department, training involved showing areas that I could go wrong. I benfitted as I am now able to show staff and point out where they could go wrong.	My learning of the new processing benefits the service as I will be able to process DMSA from other centres and the radiologists from other centres will be able to report what I have done. Enabling a patient to be scanned anywhere in GGC and the report be similar.		0.5
31 March 2025	Read Article in Nuclear Medicine Communications 'Comparison of cerebral Tc99m Ethyl cysteinate dimer perfusion in patients with dementia with Lewy bodies and Parkinson's disease dementia'	Self-Directed learning			As we routinely do DATscans in LBD and Parkinson's patients in our department I was interested in what this article was going to conclude. It will benefit my own practice as I now know that the similarities of DLB and Parkinson's are hard to differentiate between and may be different manifestations of the same disease.	The service will benefit from my greater breadth of advice and understanding of the patients conditions and this would benefit them as I understand symptoms and what the future may hold.		0.5
18 April 2025	Updated training in DEXA as I havent done DEXA since I was at ██████ 15 years ago. Spent the day scanning and analysing scans. Most of the scanning is similar but the computer side has changed slightly.	Work based learning			This will help me maintain competency in DEXA scanning and I will proficient in scanning aa well as the added parts to this role.	This will benefit the service as it will give more availability of trained staff to cover things like sickness and annual leave.		7.0

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22 April 2025	BLS training	Work based learning			Maintains competence in life support and resus.	I am competent if a patient was to take unwell and need CPR.		3.0
24 April 2025	Scope Magazine read an article 'Now that you're a mother, you have to give up your job' Interesting article about the increase of women entering engineering jobs and how to retain them.	Self-Directed learning			As I am a manager of a mainly female workforce. I wanted to take responsibility in helping understand why women leave the work force. Is it family or childcare, should I promote the family friendly policy more.	It benefits the service as I now can promote ideas of how to retain women, think of ideas to keep them in the workforce. I can do this by spotlighting their achievements, support them more, go on understanding menopause courses. Women are untapped resource and could address the UK's skills shortage.		1.0
1 May 2025	First time teaching someone how to clamp a nephrostomy.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech E2 - Complies and promotes relevant Code of Conduct	Teaching someone how to clamp a nephrostomy was more difficult than I imagined. I had to communicate what I was doing, while fiddling with a very tricky tube. I had to explain what I was doing and it was fairly difficult for the staff member to see what I was doing with the clamp, while trying to keep the patients dignity and respect.	This learning benefitted the department as next time I need to teach a person how to clamp a nephrostomy I will explain first with a diagram and get the staff member to look over my shoulder than try to look around the patient. I have become more competent for the next time I do this.		0.5
9 May 2025	Read Article in Nuclear medicine communications 'Improved grading method of Tc99m DMSA static renal imaging helps predict the prognosis of UTIs in children'	Self-Directed learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech D2 - Participates in continuous process improvement	My own practice has benefitted from a greater understanding of how DMSA can be use as a predictor in children and looking at how we can divide up the kidneys for analysis and the grade of lesions. Most DMSA analysis is done on visual assessment and geometric mean in adults.	The service has benefitted in a greater breath of advice for DMSA scans and how these can be used to predict UTIs in children. I will be able to tell my trainee that this is possible through scoring of the DMSA lesions and breakthrough urinary sensation.		1.0
13 May 2025	Completed a learn pro in - GGC: Health and Safety, an Introduction	Work based learning			Health and safety is everybody's responsibility and completing this learnpro helps me understand my responsibility as a staff member in all things H&S and how I promote this to staff.	It benefits the service as I now know what H&S risks to look for and it will help keep the staff in the department as safe as possible.		1.0

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28 May 2025	Organised our first DEXA imaging meeting and presented difficult cases	Formal /education	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment, RSciTech E2 - Complies and promotes relevant Code of Conduct	Presented to medics involved in the DEXA service how we analyse and scan DEXA. Some case studies where the scan doesn't really follow the the patients medication journey. This benefitted my own practice as I know am not afraid to show where the scans wont analyse due to very osteoporotic bones and lets me work autonomously analyse after we brainstormed what best direction to follow when doing it. Maintaining and enhancing my competence for future scanning.	This will increase efficiency in bone density as a service as we are now all analysing the same and the medics involved have a greater understanding of the complexities of the analysis.		2.5
5 June 2025	BNMS feedback session from staff who attended this years spring BNMS. There was presentations on solid state cameras, parathyroids, PET and therapy.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement	The presentations from various staff members was very informative, keeping me up to date with all the new and developing technologies. This learning particularly helped me continuous improve and maintain the quality of my work.	This learning benefitted the service as I am now in a place to understand and critically analyse the way we do parathyroids and as such I now have compared this to the optimisation group I am a part of. I also am able to consider what a solid state camera will do for our service as we have a camera that is due for replacement and are hoping that we get a whole body SPECT/CT camera.		0.5
10 June 2025	Presentations from micro soft on how to use Copilot	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech D2 - Participates in continuous process improvement	During this work based presentation we learned what the AI Microsoft co-pilot could do for writing emails and taking minutes from meeting. I was amazed at how easily taking meeting notes has become with co pilot and i will use this knowledge in my next meeting as I find it difficult to chair a meeting and take notes on the things that people say, this will improve my minutes immensely.	This learning will benefit the department as if I use co-pilot to help write my minutes I will do it in less time meaning that I then go on to other tasks I need to do. It will also help me write emails in a more professional way continuously improving the quality of my work.		1.0

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19 June 2025	Trainee physicist presented 'SNB patient case study' a look at an interesting melanoma that tracked to three different nodal basins.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C2 - Works effectively with others, RSciTech E1 - Maintains and enhances competence within a structured environment	This was a very interesting presentations as it solidified my knowledge of why we take a dynamic and planar view of all the main nodal bases when injecting a SNB melanoma.	Staff in the department moan when they are asked to do all nodal bases when scanning a SNB, as the SNB injections usually track to the nearest nodal basin. this presentation showed exactly why we image all the nodal basins, this will help maintain my competence and quality of my scans and other staff members in the department.		0.5
26 June 2025	Case study of lingual thyroid presented by lead physicist at staff meeting for educational purposes for staff	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech D2 - Participates in continuous process improvement	The presentation of the lingual thyroid patient helped maintain my knowledge and understanding of thyroid imaging because it went over why we use I123 for these patients, where the thyroid is likely to sit and that SPECT/CT is good for locating it for the reporting radiologist.	the presentation benefitted the service as this was in direct result of a patient coming in and that the staff we all asking why it was I123. I suggested to the lead physicist that this would be a good opportunity for staff to maintain the quality of the work and have a greater understanding.		0.5
27 June 2025	Rad article in Nuclear Medicine Communications 'tc99m PYP SPECT/CT with novel semiautomated quantification has excellent diagnostic accuracy for detecting cardiac transthyretin amyloidosis'	Self-Directed learning	Science Council - RSciTech	RSciTech B2 - Maintains quality and applies safe working practices	As we routinely perform DPD Scans for ATTR amyloid, I was interested in this article to see if there were any new developments. It benefitted me as we use the Perugini score on the whole body to assess for amyloid and now I understand that there can be a new novel way to diagnose using the more robust SPET/CT images keeping me up to date with new advances in techniques.	It benefits the service as I fed back to the staff that there is a new noval way to diagnose TTR amyloid in research that will get over the draw backs of the whole body Perugini analysis. Staff are looking into whether this is something we can do using the SUV values but this is just in the beginning phase.		1.0
1 July 2025	First time chairing a Senior staff meeting for department. I had to produce an agenda and take minutes.	Work based learning	Science Council - RSciTech	RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement, RSciTech E2 - Complies and promotes relevant Code of Conduct	I was really nervous to chair the first senior staff meeting we have had in a long time. I had to produce an agenda so I used different methods of communication with staff to put points on the agenda. I had to use good communication to keep the meeting on track which can be nerve racking as some of the staff are higher than I am.	The benefit to the department was great as the technical staff now feel that they have a meeting to voice their opinions on research that we may be undertaking, any changes to procedures and discussing areas that we feel needs work in the department. We also discussed the stress of low staff and the effect it can have on the remaining ones helping us work effectively as a team.		1.0

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31 July 2025	Odyssey Demo - First time with company, they demonstrated their product and what places in the USA use it for. They discussed how they can change it for us and I told them what we need for a new waste and radio pharmacy ordering system.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement	The demo from the company was impressive and we as a team portrayed what we would need the system to do. They told us about the features available and I asked how they could change them to suit a UK based department. This was great form my communication skills as we have a strong accent and I had to tone it down for the Americans. It was great for my processing skills as I needed to think how we could change it for the department.	The Demo would be a great addition to the service but there would need to be changes. I worked effectively with the team involved and the company to give ideas to change the Demo to something that would be more useful for the department for waste and began to think outside the box as it could be used for ordering doses too.		1.0
5 August 2025	Presentation by Curium about where and how we receive our isotopes and what the future may bring.	Formal /education	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C2 - Works effectively with others	It was really interesting to find out how the isotopes come to our department. I really understood the issues we have been having with our Tc and how these have come about. I learned how the companies came together to get over the shortage and worked together for the greater good. I feel I expanded my knowledge greatly.	This benefitted the service as it the presentation by Curium helped us understand why things cost so much and why sometimes it challenging to get isotopes. We as a department can now convey this to our patients and give them a greater understanding of why sometimes doses are cancelled at the last minute.		1.0
10 August 2025	First time injecting a vulva melanoma. Surgeon came down to teach me how to inject a vulva melanoma.	Work based learning	Science Council - RSciTech	RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment, RSciTech E2 - Complies and promotes relevant Code of Conduct	I benefitted from the learning as I know have the knowledge to inject these melanomas myself. I was unsure of these were set up and I am thankful that the surgeon showed me how they would do it in the theatre. It has shown me safe practices and enhanced my competence to do these myself.	This learning has benefitted the service as I am now competent in performing a vulva SNB injection myself and I can now cascade this learning to other staff members while promoting a good code of conduct and effective communication.		0.5
13 August 2025	Chaired a meeting for the 'West of Scotland IPEM consortium trainees Stress	Other	Science Council - RSciTech	RSciTech A2 - Interprets and evaluates data, RSciTech C1 - Demonstrates effective communication,	At this meeting I presented the results that I had gained form the questionnaire that I produced, showing how the training	This benefitted the service as we now have greater idea of the challenges facing our trainees and presenting this to the leads will		1.0

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	questionnaire' This was a stress questionnaire that I produced for the trainee's to ensure that the training scheme didn't cause to much distress or they felt to busy with the work asked of them. The results were presented to the training coordinator, supervisors, training leads and a trainee representative.			interpersonal and behavioural skills, RSciTech C2 - Works effectively with others	scheme affected the trainees mental health. I have evaluated the data and asked for feedback from the representative on the panel. I used this to honed my communication skills laying out my results and worked with the team on our next steps.	help us to change any areas that need to be worked on. This meeting helped unite areas of the DCPB that don't often work together but have the same challenges with their trainees. This helped the team share knowledge and opportunities for learning from each other.		
16 August 2025	Read Article in RAD Magazine 'Launch of total body scanner extends world-class imaging platform to Scotland'	Self-Directed learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge	I had heard about the new total body PET scanner in our department as Professor Colville our clinical Lead was involved. Reading this article improved my knowledge of the types of patients that would be referred for this scan and how quickly they can be done on it.	It benefits the service as I have a greater understanding of how sensitive the scans are and how quickly the patient can be scanned. I will be able to advise any patients that are going for these scans and hopefully reassure them that it is nothing to worry about.		0.3
28 August 2025	Undertook CTTS EM & Supervisor training on LMS online	Professional activity	0 IPEM Framework	A Knowledge and Understanding	I wanted to see how the new LMS system was going to work for our trainees. This learning increased my knowledge and understanding as many staff were asking me how it has changed and I wanted to advise them. Maintaining the quality of my training and improving the communication with my staff.	Progressing our department in the competence in using the LMS system will benefit the department as the quality of training will be improved. the staff and trainees will have the knowledge how to use the system and what it can do for the trainee. It will help improve the communication between the trainees, external moderators and supervisors.		1.5
29 August 2025	Read Article in Nuclear Medicine Communications ' Assessment of perfusion on ventilation/perfusion scan after balloon pulmonary angioplasty in chronic thromboembolic pulmonary hypertension: expert opinion versus guidance by reference chart	Self-Directed learning	Science Council - RSciTech	RSciTech D2 - Participates in continuous process improvement	We do many suspected CTEPH patients in our department and I wanted to expand my knowledge on the disease and treatment for these patients. Looking to see where I could improve our scanning for the patient and advise them on what the future may hold.	This benefitted the service as I now have a greater breath of knowledge about these patients and that the disease is so rare that I can advise staff why we do these scan although they're mostly negative. This improves communication between staff and continues to improve our knowledge. Meaning we can work effectively with others.		1.0

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29 August 2025	GGH CPD meeting on NETs Presentation on Neuroendocrine patient pathway through nuclear medicine from Tektrotyd scanning in general u med to PET imaging and therapies.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement	This presentation helped maintain my knowledge of the NET patient journey and how the different imaging and therapy modalities are used for these patients. As I am in an Acute hospital, many of these patient are seen at the cancer hospital so it was good to see how their journey has changed with new developments of PET and therapies. They showed a few case studies and when it is important to escalate a scan to a clinician and i now have the knowledge to do this.	This will impact the service as it maintains the competence and the quality of scanning. Scans will be escalated when required, if they need extra imaging and this will sometimes prevent the patient having to make another visit to the hospital, saving the patient and hospital time and money.		1.0
2 September 2025	As the radionuclide dispensary had a visit from MHRA and the feedback was that they produced too many doses. To cut down on the number of doses, it was decided that we should do what most other departments do and use Multi dose vials. This was the first of a number of meetings to discuss what is needed and how to problem solve.	Other	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech D2 - Participates in continuous process improvement	This meeting was a way to give my knowledge of what i have seen in other departments when I have visited when external moderating. I gave my knowledge of laminar flows and equipment they have. This benefitted me as it enhances my interpersonal skills and improves my communication to senior staff.	This benefitted the service as I shared my knowledge with the team on how other department use multi dose vials and what equipment we may need. This maintained good communication and showed to date safe practices elsewhere. It helps provide a solution to a problem that the wider service has and continues to improve the service we provide for patients.		10.0
3 September 2025	Discussing the decisions made at the Multi dose meeting with the technical heads.as this change will affect the technologists the most and hopefully come to some agreement.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech E2 - Complies and promotes relevant Code of Conduct	At this meeting I discussed the proposed changes to the departments to enable the multidose vials project progression and took notes on any issues with the plan the technical heads had. This was an area to apply the knowledge I had gained at the senior staff meeting and show effectice communication and interpersonal skills with my colleagues. As some of the staff were resentful that they were not all at the meeting I felt it helped maintain my competence in working with others as I	This meeting benefitted the service as it kept the technical service leads informed of the proposed changes to drawing up of radiopharmaceuticals. The knowledge the technical leads have gained with be given to the their subsequent departments and they can feedback any areas of concern. Keeping open channels of communications in the service and helping us all work together for the good of the service.		1.0

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					had to deescalate a few areas of the meeting.			
4 September 2025	RCT equivalence meeting with a person that has went through equivalence training and some technologists from [REDACTED] that are looking to achieve this. giving pointers on how to achieve equivalence and what to put in the portfolio and what not.	Professional activity	0 IPEM Framework	A Knowledge and Understanding	I was approached by technologists in [REDACTED] to become part of the West of Scotland IPEM training consortium, but unfortunately none of the technologists are on the RCT so couldn't be supervisors. As they were technologists with many years experience, I advise them that equivalence training would be the best way to achieve this. As I haven't been involved in an equivalence portfolio before we meet with a former colleague that had. They gave me the knowledge and understanding to be able to advise what is involved in the portfolio and what needs to be demonstrated.	This benefits the service as I now have the knowledge and understanding to advise members of staff who my need to submit an equivalence portfolio, this is especially important for international recruits that wouldn't have RCT but would like to achieve it.		1.0
6 September 2025	Presentation by GE about datscans technical parameters and how best to scan.	Formal /education	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment	This presentation helped me maintain my competence for Datacans. GE went over how to get the best scan, how to over patient kyphosis, radius and taking an injection image.	This benefits the service as I have maintained my competence. It is also good as I can now disseminate this training to other members of staff ensuring that we scan the all patients as well as possible and to GE standards.		1.0
9 September 2025	DCPB seminar series, overview of Clinical Scientist Clinical Academic fellowship.	Formal /education	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech D2 - Participates in continuous process improvement	Presentations from the clinical scientists about their PhDs and associated work benefitted me as it increased my knowledge of the new developments in the field of clinical physics, there was a particular tale on parathyroids that was	This seminar benefitted the service as I have an increase knowledge of the ongoing developments in my area and look forward to the advancements that these PhDs may bring to the department.	DCPB seminar Sept 2025.png	1.0

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					very interesting and I took some good pointers back to my department.			
24 September 2025	Electrical portable equipment risk assessment First time writing a risk assessment for electrical safety testing	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B2 - Maintains quality and applies safe working practices	I had to read over the BS guidelines for how often devices need electrical testing. This is something I haven't done since I was at university, so I spent time refreshing my knowledge. I then produced a risk assessment t form the basic form for devices in the department. I worried that I was doing it incorrectly so I kept refreshing my knowledge of the BS standard and other risk assessments written by other people.	This benefits the department as my knowledge helped me produce a risk assessment to check all the devices in the department and keep the staff and patients safe. The risk assessment can be used by other members of staff to assess what needs to be PAT tested and when.		2.0
14 October 2025	DCPB seminar series - Medical Physics demonstrated how the are using Power BI and Modern apprenticeship	Formal /education	Science Council - RSciTech	RSciTech A2 - Interprets and evaluates data, RSciTech D2 - Participates in continuous process improvement	This seminar benefitted my practice as I wanted to know if Power BI is something that we could use in the department and it looked like it is very useful in process data. Modern apprenticeships are used very well in modern physics and as we have struggled to fill some posts in Nuclear Medicine I wanted to know if this would be an avenue would would go down.	Modern apprenticeships are used in other nuclear medicine department with success, this learning was good in that I got to see how XXXXXXXXXX used them in Equipment management and what qualifications they came in with. This benefitted the service as I now know if we are going to use this how to start it up.	DCPB seminar Oct 2025.png	1.0
20 October 2025	Read Article in Nuclear Medicine communications ' Assessment of disease severity in Sjogren's syndrome using semi-quantitive parameters on salivary gland scintigraphy' Volume 46, Number 10, October 2025, page 923	Self-Directed learning	Science Council - RSciTech	RSciTech D2 - Participates in continuous process improvement	As we perform salivary studies very rarely, I wanted to see if the was a new technique that could be applied to our patients when they attended. I could hopefully take this forward to other staff members for evaluation.	I believe this learning benefitted the service as it keeps me up to date with new developments in this area and I can take these forward to leads to see if we can alter our evaluation of the scan.		0.5
22 October 2025	CTTS Moderator & Supervisor Update session A look at the new LMS system and how to use it for our trainees.	Formal /education	0 IPeM Framework	E Professionalism	This benefited my practice as I learned to use the new LMS and became proficient in it. I also maintained my competence on the steps that are required when I have an	This impacts the service as our trainees now need to have three meetings with their external moderator and I will need to give them time to do this. I will demonstrate to the trainees the documents that need to be provide. Meaning that our trainees will have the correct		1.0

Date activity completed	Description	Type of Activity	Competency Framework	Competency	Benefits to self or own practice	Benefits or impact to service	Supporting Evidence	Time (in hours)
					external trainee as it has changed slightly and I am now confident in the new initial meeting, 1 year meeting and final meeting. These meeting now have a structure to what needs to be provided to ensure that the trainee is progressing as required and I can demonstrate that this helps me promote the code of conduct for the clinical technologists.	paperwork and trained well. This will improve our service for the patients as the staff are trained to the highest degree and competence of the team is to the gold standard.		
24 October 2025	GGH CPD session on Renal Studies. Presentation of what renal studies Nuclear Medicine does and how that is involved in the patient pathway.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment	This benefitted my practice as it was refresher knowledge about our studies maintaining my competence. It was good to see how our studies impacted the patient pathway and that they are important and an integral part of the patient journey.	This benefits the service as my increased knowledge of the patient pathway will help me advise the patients and help them understand what is to come next and why it is important.		1.0
27 October 2025	Attended SCPB strategy meeting with senior managers about what we can do for the future and what we need so that we can all sing from the same hymn sheet.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech E1 - Maintains and enhances competence within a structured environment, RSciTech E2 - Complies and promotes relevant Code of Conduct	This benefitted my practice as I could demonstrate what nuclear medicine needs for the future and I was able to apply my knowledge, meaning I refreshed it. It helped me maintain my effective communication with others and put me in an area where I felt inadequate and I was able to demonstrate my skills to feel part of the senior management team.	This impacted the service as it will have a direct affect on the staff and equipment we have. We discussed AI and how as a department we are prepared for that, keeping the knowledge of the department up to date with emerging technologies. It helped recognise problems such as aging equipment and what the department needs to do to help get this replaced.		7.5
3 November 2025	Meeting with NES (NHS Education for Scotland) Clinical Technologist training - NHS SA discussion About NHS Scotland Academy and what it would be useful for the technologists, what training they provide at present what they could do for	Other	Science Council - RSciTech	RSciTech A2 - Interprets and evaluates data, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment	This meeting was about what the NHS Scotland Academy provides at present. I learned that mammography are using it quite heavily to quickly progress people into roles that they have shortages in. We then discussed what level our trainees come in at and how we can progress our staff and if we were to do something similar to mammography. This improved my communication, helped me work well with others and looked at continuous	This was a brainstorming meeting to find out if we can use NHS Scotland academy for our trainees. I think it will be really good to get some progression in bone density and this would fit well with their model. It will help progress our staff in a structured environment and promote continuous improvement.		1.0

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	equipment management and nuclear medicine.				improvement of our processes for training.			
5 November 2025	First time teaching someone how to inject into a vulva melanoma.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech E2 - Complies and promotes relevant Code of Conduct	This benefitted my practice as teaching how to inject a melanoma in quiet an intimate area is quite private thing and it can be embarrassing for the patient. Therefor, it enhances my interpersonal and behavioural skills as you need to be respectful of the patient, while explaining what you are doing to another member of staff. I apply my knowledge and skills to teaching the staff member and promote safe working practices.	This benefitted the service as we have more members of staff that can do these types of injection, in a safe and secure environment. The staff member knows that the patient should be treated with dignity and respect adhering to our code of conduct and principles.		0.5
11 November 2025	DCPB sessions - Health physics Presentations from health physics on what they do for the West of Scotland, the technologists role and SEPA permits.	Formal /education	Science Council - RSciTech	RSciTech B2 - Maintains quality and applies safe working practices, RSciTech D2 - Participates in continuous process improvement	These presentations expanded my knowledge as I now know the correct procedure for obtaining a variation to the SEPA radioactive substances permit, meaning I can help when the department has to do it.	It benefits the service as I know how to do a variation to a SEPA cert and I now can do it correctly and maintain the quality when filling out the form with my lead.	DCPB seminar Nov 2025.png	1.0
25 November 2025	Chairing the Axillary, technical, clerical and nurses meeting. This is a meeting to discuss trainee's, running of the floor, new ideas and communication.	Work based learning	Science Council - RSciTech	RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement, RSciTech E2 - Complies and promotes relevant Code of Conduct	This meeting benefits my own practice as it improves my communication with the staff and helps me work effectively with them. They let me know about issues with the team or department and we as a team try to resolve these.	This meeting benefits the service as it improves communication and flow of the service as staff brainstorm ideas of how to improve communication such as having a virtual white board and also bounce ideas of each other to improve the flow of patients.		1.0
26 November 2025	Produced and performed electrical safety test risk assessment for the department. Message from estates is that they will not be performing PAT testing in the department any	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech D1 - Recognises	This benefitted my practice as I now have competence in what PAT testing the department needs and the knowledge I gained from this will be useful in teaching other what to look out for. I can recognise when I should inform medical physics about a piece of equipment that I think should be looked at by them.	This piece of learning benefits the department as I am now competent on electrical safety risk assessment t keeping our electrical devices and therefor patients. There will be escalation to other teams and companies if the device isn't to be dealt with by the department.		2.0

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	more and we have to outsource it. Certain pieces of equipment can be done every 5 years but some need to be every year. I had to produce a risk assessment for each piece of equipment and note all that needs electrical safety tested and when. So that I can get a company in to do it. I had to refresh my knowledge of the electrical class system and electrical devices for this work.			problems and applies appropriate scientific methods				
30 November 2025	Read Article in Nuclear Communications 'Futility of imaging the thyroid with Tc99mO4 to diagnose amiodarone-induced thyrotoxicosis' Page 1019, Volume 46, Number 11, November 2026	Self-Directed learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech D2 - Participates in continuous process improvement	As we often do thyroid scans on patient with amiodarone induced thyrotoxicosis this article keeps my knowledge up to date. In fact I didn't realise that we should be imaging with Sestimibi.	This benefits the service as I now have asked the clinician should be looking at how we scan thyroid scans on patients with amiodarone induced thyrotoxicosis. Meaning that the future patients will get the best scan for their problem and hopefully be able to interpret the results better		0.5
3 December 2025	First participation in an optimisation group - Parathyroid - numerous meeting throughout the year with a multi disciplinary team	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and	It was a great insight to participate in this group and see how we optimised [REDACTED] parathyroid study. It was interesting to see every bodies thoughts on what was important not only for scanning but also prep.	The service benefitted from this learning as I now am able to do this with other studies and GGC have benefitted from a new [REDACTED] parathyroid SOP and it aligns with the relevant guidelines.		20.0

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				enhances competence within a structured environment				
9 December 2025	DCPB seminar Series - Radiopharmacy presentations Over of the tasks that the Radiopharmacy provide, presentations on DMSA labelling issues and the research project involved in it. A look at the new Radiopharmacy plans and recent photos.	Formal /education	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech C2 - Works effectively with others, RSciTech D2 - Participates in continuous process improvement	This benefits my practice as we got to see how the new radiopharmacy will look and what services they will provide, and a look at the DMSA issues we have been having and why we changed wipes and syringes to non stick ones. Meaning that we will continually improve our scans for patients.	This benefits my department as we got to see how the new radiopharmacy will look and what services they will provide, meaning that we can plan for the future and work closely with them to provide doses for our patients.	DCPB seminar Dec 2025.png	1.0
10 December 2025	Read article in Scope 'The Big Debate - Gender: opportunities and obstacles' Page 16, 2025 Autumn issue	Self-Directed learning	Science Council - RSciTech	RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills	As a manager of staff I think it is important for me to understand and how gender can affect the opportunities for my staff. I would like to think after reading this article that I would notice obstacles for myself and them and hopefully overcome them.	It would benefit the service as I will be more aware of gender obstacles and missed opportunities due to gender and I as a manager would be able to do something about it.		0.5
11 December 2025	CT contingency training Training on the CT to make sure we know what to do if the scanner faults, an issue with the scout view or we image the wrong area.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment	This benefits my practice as I have the competence to solve a problem with the CT if it has a foreseeable fault or issue.	This benefits the service as I know have the competence to complete a CT if the machine has a foreseeable issue or fault. Which would save the patient getting having extra time on the scanner, having to come back or repeated. saving the service money and time.		1.0
19 December 2025	GGH CPD interesting cases - Presentation of patients with incidental finding of Amyloid on Bone scan and what to do. Amyloid and Perugini scoring	Formal /education	Science Council - RSciTech	RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech E1 - Maintains and enhances competence within a structured environment	This benefitted my practice as I know am confident in doing SPECT/CT on patient with an incidental finding on cardiac uptake on a bonescan and I am reassured that I am doing the best for the patient	This benefits the service because if we SPECT/CT cardiac uptake during at the bonescan appointment, it will save the patient coming again for a DPD amyloid scan and it will save time and money.		1.0

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					making sure that they don't need to visit again for a DPD scan			
31 December 2025	IPEM technologist trainee training throughout the year. From showing how to do scans, observing scans, to doing DOPs, and assessing to sign off. I will write supervisor reports for the trainees too.	Work based learning	Science Council - RSciTech	RSciTech A1 - Applies knowledge, RSciTech A2 - Interprets and evaluates data, RSciTech B1 - Works with minimal supervision and knows when to escalate, RSciTech B2 - Maintains quality and applies safe working practices, RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech C2 - Works effectively with others, RSciTech D1 - Recognises problems and applies appropriate scientific methods, RSciTech D2 - Participates in continuous process improvement, RSciTech E1 - Maintains and enhances competence within a structured environment, RSciTech E2 - Complies and promotes relevant Code of Conduct	I believe I benefit from training trainees as, trainees ask questions and test your knowledge sometimes they will ask questions that you dont know the answer to and you have to go and research it. It improves my competence, communication and knowledge.	The benefit to the service is well trained technologists with a wide breath of knowledge. Enhanced communication and a well working team.		45.0
31 December 2025	West of Scotland IPEM Training lead for Nuclear medicine and external moderator. Arranging meetings with supervisor and trainee's Participating West of Scotland internal DOPs for West of Scotland trainees and mock vivas Meetings with training coordinator. Updating Qpulse train forms for Nuclear Medicine	Professional activity	Science Council - RSciTech	RSciTech C1 - Demonstrates effective communication, interpersonal and behavioural skills, RSciTech D2 - Participates in continuous process improvement, RSciTech E2 - Complies and promotes relevant Code of Conduct	This benefits my own practice as it improves my knowledge and communication.	This benefits my service as I maintain great communication and running of the training scheme. Continuously improve our training scheme for the trainees and help them maintain the code of conduct of the RCT.		3